

National Nutrition Week
Department of Home Science
Sarbati Devi Women's College Rajgangpur

National Nutrition Week was observed by the Department of Home Science in Sarbati Devi Women's College Rajgangpur on 10.09.2025. Our Principal Dr.(Mrs) Sasmita Lenka enlightened the students about nutrition and advised them to adopt a healthy life. Administrative Bursar Mr. Sapan Kumar Panda sir addressed the students about various nutritious food and their nutritional qualities. He also enlightened the students about the difference between traditional food and junk food. Our Guest Dr. (Mrs.) Asha Kiran Kujur,(M.B.B.S, P.G.D.F.M) enlightened the students about different life style diseases like diabetes, Obesity, Hypertension and their cause. She also discussed which food to be taken and avoided during disease conditions. Students performed skit play on nutrition. Poster making competition and other activities were also done. All the faculties and students of Department of Home Science were present on the program.





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